"Motivation is what gets you started. Habit is what keeps you going." *Jim Ryun*_

"I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do."

Helen Keller

"Your vision should be big enough to continually pull you forward." *James Ray*

"The victory of success is half won when one gains the habit of setting goals and achieving them. Even the most tedious chore will become endurable as you parade through each day convinced that every task, no matter how menial or boring, brings you closer to fulfilling your dreams."

Og Mandino

"When you see a thing clearly in your mind, your creative success mechanism within you takes over and does the job much better than you could do it by conscious effort or willpower."

Maxwell Maltz

"Hold a picture of yourself long and steadily enough in your mind's eye and you will be drawn toward it. Picture yourself vividly as winning and that alone will contribute immeasurably to success. Great living starts with a picture, held in your imagination, of what you would like to do or be."

Harry Emerson Fosdick

"The difference between what we do and what we are capable of doing would suffice to solve most of the world's problems."

Mahatma Gandhi